



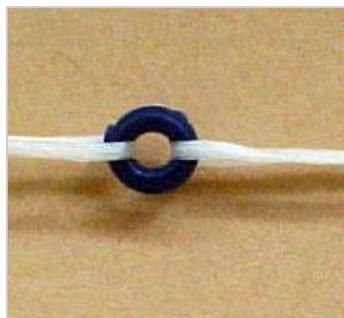
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Specialists for Aesthetic Dentistry

SEPARATOR INSTRUCTIONS | HOW TO REPLACE

It is important that your separators stay in place until your appliance insertion visit. If you should lose a separator, you may try to replace it yourself using the following technique. You may also call the office if you would prefer we replace the separator.

Replacing a Lost Separator



Two lengths of Dental Floss are threaded through the separator.

The dental floss is used to 'slide' the separator between the teeth, a slight pressure towards the biting surface of the teeth is applied, and the dental floss is then removed.



This is an image of a properly placed separator.