



CHARLES A. SMITH, DDS & ASSOCIATES

Specialists for Aesthetic Dentistry

POST OPERATIVE INSTRUCTIONS:

CROWN/INLAY/ONLAY PREPARATION

- After crown/inlay/onlay preparation, there is usually little or no discomfort.
*We believe in **preventative pain control**. Before having pain or discomfort we advise taking analgesics:
Adults: 800mg Ibuprofen 4x daily (Advil)
OR 1000mg Acetaminophen (Tylenol)
Children: Children's Tylenol (follow instructions)
*Unless medical conditions contraindicate use of these medications. In the rare instances of pain, please contact the office.
- Although it varies from person to person, numbness usually lasts two to three hours. Make sure not to bite your tongue or cheek during this time
- You should be able to eat normally while the temporary crown/inlay/onlay is in place, but try **to avoid very sticky or chewy foods, ice and gum**. Chew on the side of your mouth.
- In the unlikely event that the temporary crown/inlay/onlay should come loose, it is very important to contact our office as soon as possible to have it recemented. If the temporary comes off, you may use Vaseline or Polygrip inside the crown/inlay/onlay until you can get an appointment. Even if there is no discomfort with the temporary crown/inlay/onlay, the tooth may move slightly and prevent the permanent crown/inlay/onlay from fitting properly.
- Avoid flossing around the temporary crown/inlay/onlay if possible. Dental floss can dislodge the temporary crown/inlay/onlay. **Brush normally, 3x daily, 3 minutes at a time.**
- It usually takes the laboratory about two weeks to fabricate a crown/inlay/onlay and return it to us. While waiting for your permanent restoration, please do not hesitate to contact our office should you have questions or any problems with your temporary crown/inlay/onlay.