



CHARLES A. SMITH, DDS & ASSOCIATES

Specialists for Aesthetic Dentistry

POST OPERATIVE INSTRUCTIONS:

ROOT CANAL THERAPY

- It is normal to experience mild to moderate soreness for 7 days following endodontic treatment. This may be due to the previous condition of your tooth, infection, or as a result of the dental treatment.

*We believe in ***preventative pain control***. Before having pain or discomfort we advise taking analgesics:

Adults: 220mg *Naproxen Sodium* (Aleve)

OR 1000mg *Acetaminophen* (Tylenol)

Children: Children's Tylenol (follow instructions)

*Unless medical conditions contraindicate use of these medications. In the rare instances of pain, please contact the office.

- If infection control medications are prescribed, follow all directions on the label including the length of time prescribed even if visible signs of infection are gone.
- **Hot water rinses, three or four times daily, may be helpful and will speed healing.**
- Avoid chewing on the tooth for several days.
- If there is continued swelling, severe pain, or if you have any concerns please call the office.
- If a temporary filling material was placed to seal the tooth, a small layer may be worn away or fall out. If the temporary filling material should come out completely, call the office.
- If a permanent filling material was used, the next step is usually permanent restoration of the tooth to protect it from fracture in the future. This is usually accomplished by placing a cap or crown.
- Be sure to brush and floss your teeth 3x daily.